

UChicago Medicine AdventHealth La Grange

2026 – 2028 Community Health Plan



**UChicago
Medicine**



AdventHealth

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Acknowledgements

This community health plan was prepared by Fabiola Zavala with contributions from members of UChicago Medicine AdventHealth La Grange Community Health Needs Assessment Committee representing health leaders in the community and UChicago Medicine AdventHealth La Grange leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan which will enable our teams to continue fulfilling our mission of Extending the Healing Ministry of Christ.

Executive Summary



Executive Summary

Adventist Midwest Health dba UChicago Medicine AdventHealth La Grange will be referred to in this document as UChicago Medicine AdventHealth La Grange or the “Hospital”.

Community Health Needs Assessment Process

UChicago Medicine AdventHealth La Grange in La Grange, Illinois, conducted a community health needs assessment in 2025. The assessment identified the health-related needs of the community, including low-income, minority and other underserved populations. The priorities were defined in alignment with Healthy People 2030, the national initiative aimed at improving the health and well-being of people in the United States.

In order to ensure broad community input, UChicago Medicine AdventHealth La Grange created a Community Health Needs Assessment Committee to help guide the Hospital through the assessment process. The CHNAC included representation from the Hospital, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations.

The CHNAC met throughout 2025. The members reviewed the primary and secondary data, helped define the priorities to be addressed and helped develop the Community Health Plan (CHP) to address those priorities. Learn more about Healthy People 2030 at health.gov/healthypeople.

Community Health Plan Process

The Community Health Plan (CHP), or implementation strategy, is the Hospital’s action plan to address the priorities identified from the CHNA. The plan was developed by the CHNAC, and input was received from stakeholders across sectors, including public health, faith-based, business and those individuals directly impacted.

The CHP outlines targeted interventions and measurable outcomes for each priority noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

The defined goals and activities were carefully crafted, considering evidence-based resources and sought to align with AdventHealth’s organizational and strategic plans. UChicago Medicine AdventHealth Hinsdale is committed to addressing the needs of the community, especially the most vulnerable populations, to bring wholeness to our communities.



Executive Summary

Priorities Addressed

The priorities addressed include:

1. Cancer
2. Mental Health
3. Health Care Access and Quality

See page 10 for the defined strategies and next steps for each priority selected to be addressed.

Priorities Not Addressed

The priorities not addressed include:

1. Diabetes
2. Heart Disease and Stroke
3. Obesity
4. Drug and Alcohol Use
5. Physical Activity
6. Tobacco Use
7. Economic Stability
8. Education Access and Quality
9. Neighborhood and Built Environment-Food Security

See page 17 for an explanation of why the Hospital is not addressing these issues.



The Community Health Plan is a three-year strategic plan and may be updated during implementation based on changing community needs and priorities. AdventHealth recognizes community health is not static and high-priority needs can arise or existing needs can become less pressing. The Hospital may pivot and refocus efforts and resources to best serve the community.



Executive Summary

Board Approval

On September 24, 2025 the UChicago Medicine AdventHealth La Grange Board approved the Community Health Plan goals, activities and next steps. A link to the 2026-2028 Community Health Plan was posted on the Hospital's website on November 15, 2025.

Ongoing Evaluation

UChicago Medicine AdventHealth La Grange's fiscal year is July 1 – June 30. For 2026, the Community Health Plan will be deployed beginning January 1, 2026, and evaluated at the end of the fiscal year. Beginning July 1, 2026, the CHP will be evaluated annually for the 12-month period beginning July 1 and ending June 30. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for UChicago Medicine AdventHealth La Grange adventhealth.com/community-health-needs-assessments.

About AdventHealth



About AdventHealth

AdventHealth UChicago Medicine AdventHealth La Grange is part of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth strives to heal and restore the body, mind and spirit through our connected system of care. More than 100,000 talented and compassionate team members serve over 8 million patients annually. From physician practices, hospitals and outpatient clinics to skilled nursing facilities, home health agencies and hospice centers, AdventHealth provides individualized, whole-person care at more than 50 hospital campuses and hundreds of care sites throughout nine states. Committed to your care today and tomorrow, AdventHealth is investing in new technologies, research and the brightest minds to redefine wellness, advance medicine and create healthier communities.

In a 2020 study by Stanford University, physicians and researchers from AdventHealth were featured in the ranking of the world's top 2% of scientists. These critical thinkers are shaping the future of health care. Amwell, a national telehealth leader, named AdventHealth the winner of its Innovation Integration Award. This telemedicine accreditation recognizes organizations that have identified connection points within digital health care to improve clinical outcomes and user experiences. AdventHealth was recognized for its innovative digital front door strategy, which is making it possible for patients to seamlessly navigate their health care journey. From checking health documentation and paying bills to conducting a virtual urgent care visit with a provider, we're making health care easier — creating pathways to wholistic care no matter where your health journey starts.

AdventHealth is also an award-winning workplace aiming to promote personal, professional and spiritual growth with its team culture. Recognized by Becker's Hospital Review on its "150 Top Places to Work in Healthcare" several years in a row, this recognition is given annually to health care organizations that promote workplace diversity, employee engagement and professional growth. In 2024, the organization was named by Newsweek as one of the Greatest Workplaces for Diversity and a Most Trustworthy Company in America.



About UChicago Medicine AdventHealth La Grange

UChicago Medicine AdventHealth is a connected system of care for every stage of life and health. A shared vision, common values, focus on whole-person health and commitment to making communities healthier unify the system's four hospitals located in Bolingbrook, Glendale Heights, Hinsdale and La Grange. The system also includes nearly 50 primary and specialty practice locations and two multispecialty ambulatory centers. In January 2023, The University of Chicago Medicine and AdventHealth launched a joint venture, bringing academic medicine to the western suburbs. The partnership builds on UChicago Medicine's national reputation for specialty and subspecialty care and AdventHealth's exceptional quality and rich legacy of whole-person care. UChicago Medicine AdventHealth La Grange is a 177-bed, full service medical facility that provides high-quality, compassionate and family-centered medical care to the residents of La Grange and the surrounding communities. UChicago Medicine AdventHealth La Grange offers emergency medical and surgical services, medical lab and imaging services, heart and vascular care, cancer care, orthopedic and neurological care, obstetrical and women's care and pediatrics. UChicago Medicine AdventHealth La Grange has earned a number of nationally recognized awards and safety grades, particularly for its state-of-the art cancer center, Level III Perinatal Care Designation, ANCC Magnet Designation, Joint Commission Hospital, Behavioral Health and Home Health accreditation, Joint Commission Advanced Primary Stroke Center Certification, ED Level II Trauma, Blue Distinction Specialty Care for Hip and Knee Replacement and Blue Distinction+ Specialty Care for Spine.



Priorities Addressed



Cancer

In the Hospitals' community, 7.5% of residents report ever having cancer, higher than both the state (6.5%) and national (6.9%) averages. According to primary data from the community survey, 10% of respondents reported having had cancer. When addressing cancer as a priority, the Hospitals can work collaboratively with organizations already addressing this issue to promote prevention activities, such as screenings, to reduce cancer deaths over the next three years. Interventions to promote evidence-based cancer screenings—such as screenings for lung, breast, cervical, and colorectal cancer—can help reduce cancer deaths. Other effective prevention strategies include programs that increase HPV vaccine use, prevent tobacco use and promote quitting, and promote healthy eating and physical activity. In addition, effective targeted therapies and personalized treatment are key to helping people with cancer live longer.

Goal

Increase awareness of and access to cancer-related screenings, education and support resources

Activity

Offer community events to increase awareness about cancer (skin, breast, thoracic/lung, prostate, cervical, GI/CRC), screenings and resources

Output

- Number of community events
- Number of participants attending events
- Number of cancer screenings completed
- Number of educational assessments (pre/post-tests)
- Number of individuals connected to resources addressing social needs
- Money invested in events, screenings and workshops
- Number of volunteer hours

Outcome

By June 30, 2028, at least 75% of participants who complete both pre- and post-assessments at cancer education events will demonstrate an increase in knowledge of cancer risks, recommended screenings, and local support resources.

Hospital Contributions

- UChicago Medicine AdventHealth Cancer Institute, Executive Director of Cancer Service Line, Mission, Medical Group and Community Health Staff
- Hospital will allocate \$6,000 a year
- Board engagement with community organizations that support cancer program

Community Partnership

- Wellness House, Pillars Community Health, DuPage County Health Department, DuPage Health Coalition, Cook County Health Department.

Mental Health

In the Hospitals' community, 18.4% of residents have a prevalence of depression, while 21% of community survey respondents report fair or poor mental health. According to the community survey, 21% of respondents have been diagnosed with a depressive order and 23% have been diagnosed with an anxiety disorder. Awareness and the need to address mental health disorders has been an ever-present concern in the country. By including mental health as a priority, the Hospitals can align to local, state and national efforts for resources and to create better outcomes opportunities over the next three years.

Goal

Improve mental health in the Great Lakes Region through education, awareness, access to services, and community collaboration.

Activity

Provide education about mental health, services and resources to patients, community members, and hospital staff.

Output

- Number of mental health services and resource workshops offered
- Number of attendees
- Number of brochures or flyers distributed
- Number of collaborating partners who implement education
- Number of searches on the Whole Health Hub for mental health services or resources
- Pre and post assessments
- Amount of funding
- Number of team member volunteer hours

Outcome

By June 30, 2028, at least 90% of participants who complete both pre-post assessments will demonstrate an increase in knowledge about mental health topics, services, and available resources.

Hospital Contributions

- Team members from various departments will support this activity: Behavioral Health, Medical Group, Mission, and Community health staff
- Board engagement with community organizations that support mental health
- Allocate \$1,500 annual budget to purchase class materials
- Allocate \$3,500 annually to support community mental health events.

Community Partnership

- Pillars Community Health, DuPage County Health Department, Will County Community Center, VNA Health Care, DuPage Health Coalition, NAMI Metro Suburban and NAMI DuPage.

Mental Health

Activity

Develop and share mental health content through UChicago Medicine (UCM) AdventHealth's social media platform to raise awareness, reduce stigma and connect the public with services and resources. to post on UCM AdventHealth social media pages.

Output

- Number of mental health related posts published
- Number of impressions (views)
- Number of accounts reached
- Number of engagements (likes, shares, comments, clicks)

Outcome

By June 30, 2028, achieve a 3% engagement rate on mental health-related social media content, indicating strong audience connection and relevance.

Hospital Contributions

- UCM AdventHealth Behavioral Health, Marketing and Communications and Community Health staff time

Community Partnership

- Pillars Community Health, DuPage County Health Department, Will County Community Center, VNA Health Care, DuPage Health Coalition, NAMI Metro Suburban and NAMI DuPage.

Health Care Access and Quality

In the Hospitals' community, 8.2% of residents do not have health insurance, which is above the state uninsured rate of 7%. Data from the community survey shows 14.1% of residents in the PSA do not have health insurance, and 24% of community survey respondents said in the past 12 months they needed to see a doctor but could not due to cost. In the PSA, there are fewer mental health providers per capita than both the state and national rates. The Hospital will focus its efforts on initiatives which address health care access and have an equity-based lens and approach. The Hospital will work with others who are addressing this priority. Services like screenings, dental check-ups, and vaccinations are key to keeping people of all ages healthy. But for a variety of reasons, many people don't get the preventive care they need. Barriers include cost, not having a primary care provider, living too far from providers, and lack of awareness about recommended preventive services. Teaching people about the importance of preventive care is key to making sure more people get recommended services. Law and policy changes can also help more people access these critical services.

Goal

Increase access to comprehensive, high-quality health care services for uninsured, underinsured, and underserved populations across the community.

Activity

Support and participate in coordinated efforts that improve access to health care services and community-based resources through:

- Community events
- Preventative screenings
- Health care navigation and referrals
- Promotion and use of the Whole Health Hub
- Funding to support partner-led services

Output

- Number of people connected to health coverage
- Number of searches with Whole Health Hub for Health care access
- Number of community engagement events
- Number of clinical community relationships
- Number of health screenings offered
- Funding provided through community benefit donations and grants
- Number of team member volunteer hours

Outcome

By June 30, 2028, connect 500 individuals to healthcare coverage.

Hospital Contributions

- Team members from various departments will support this activity: Community Health, Consumer Access, Mission, Case Management, Senior Leadership and Medical Group
- Board engagement with community organizations that support health care access and quality
- Allocate funding to continue to support community-based organizations that provide health care services and or coverage to uninsured or underinsured on a yearly basis.

Community Partnership

- Will County Community Center, Will County Health Department, VNA Health Care, DuPage Health Coalition, Pillars Community Health, Cook County Department of Public Health, Southwest Suburban Immigrant Project

Health Care Access and Quality

Activity

Increase the health literacy of the populations in the Great Lakes Region primary service area

Output

- Number of health literacy workshops that will provide guidance on how to access health care and medication resources, interact with their provider or gain access to their medical records
- Number of attendees
- Pre and post assessment
- Number of educational materials distributed
- Assessing and addressing non-medical challenges; limited health literacy is often a symptom of limited general literacy, which can affect a consumer's ability to navigate services for housing, transportation, food, and other resources related to social determinants of health.

Outcome

By June 30, 2028, workshop participants will have increased their knowledge of navigating, understanding, and utilizing health information and services.

Hospital Contributions

- Community Health, Consumer Access, Mission, Case Management, Quality & Patient Safety, Patient Experience and Medical Group
- Allocate \$1,500 a year for monthly workshops.

Community Partnership

- People's Resource Center, Cook County Department of Public Health, Literacy Works

Health Care Access and Quality

Activity

Expand access to primary care services by increasing the number of practicing providers across the Great Lakes Region, with emphasis on underserved areas and continuity of care.

Output

- Number of primary care physicians hired
- Number of advanced practice providers (APP) hired
- Patient panel sizes

Outcome

By June 30, 2028, increase the number of primary care physicians and advanced practice providers in the Great Lakes Region.

Hospital Contributions

- AdventHealth Medical Group Provider Recruitment will work collaboratively with AH Family Medicine Residency leadership and faculty in Hinsdale and La Grange to recruit PGY3 residents.
- AdventHealth Business Development Physician Liaisons will assist with hospital tours for visiting physicians and APP candidates.

Community Partnership

- N/A

Priorities Not Addressed



Priorities Not Addressed

UChicago Medicine AdventHealth La Grange also identified the following health needs during the CHNA process. In reviewing the CHNA data, available resources and ability to impact, the Hospital determined these needs will not be addressed.

Diabetes

In the Hospitals' community, 11.7% of residents have diabetes meanwhile 24% of community survey respondents reported having diabetes. The Hospital did not select diabetes as a priority, as it is not positioned to directly address this in the community at large.

Heart Disease and Stroke

In the Hospitals' community, 5.9% of residents have coronary heart disease, 3.1% have had a stroke, and 29.3% have hypertension. According to secondary data from the community survey, 4% of Priorities Selection 29 respondents have coronary heart disease, 2% have had a stroke, and 33% have hypertension. While these issues are important to address, the Hospital is not currently in a position to address these priorities and will support other organizations whenever possible.

Obesity

In the Hospitals' PSA, 33% of residents have obesity. Although a top concern for stakeholders, the rates of obesity in the PSA are lower than in both the state and nation. The Hospitals did not select obesity as a priority, as it is not positioned to directly address this in the community at large.

Drug and Alcohol Use

According to the community survey, 6.6% of residents report having used prescription pain medication without a doctor's prescription. Additionally, 16% of respondents report having used prescription medication for non-medical use. The Hospitals did not select these issues as a priority, as it is not positioned to directly address this in the community at large.

Physical Activity

In the Hospitals' community, 22.2% of the population reported no physical activity in the last thirty days. Data from the community survey shows 12% of respondents reported no exercise in the last thirty days. The Hospitals believe that a focus on food security can improve outcomes across multiple health conditions, including encouraging healthy nutrition and physical activity.

Tobacco Use

In the Hospitals' community, 12.6% of residents smoke cigarettes, with 7% of community survey respondents reporting smoking cigarettes. Additionally, 2% of community survey respondents reported using e-cigarettes or vapes. The Hospitals did not select these issues as a priority, as it is not positioned to directly address this in the community at large.

Priorities Not Addressed

Economic Stability

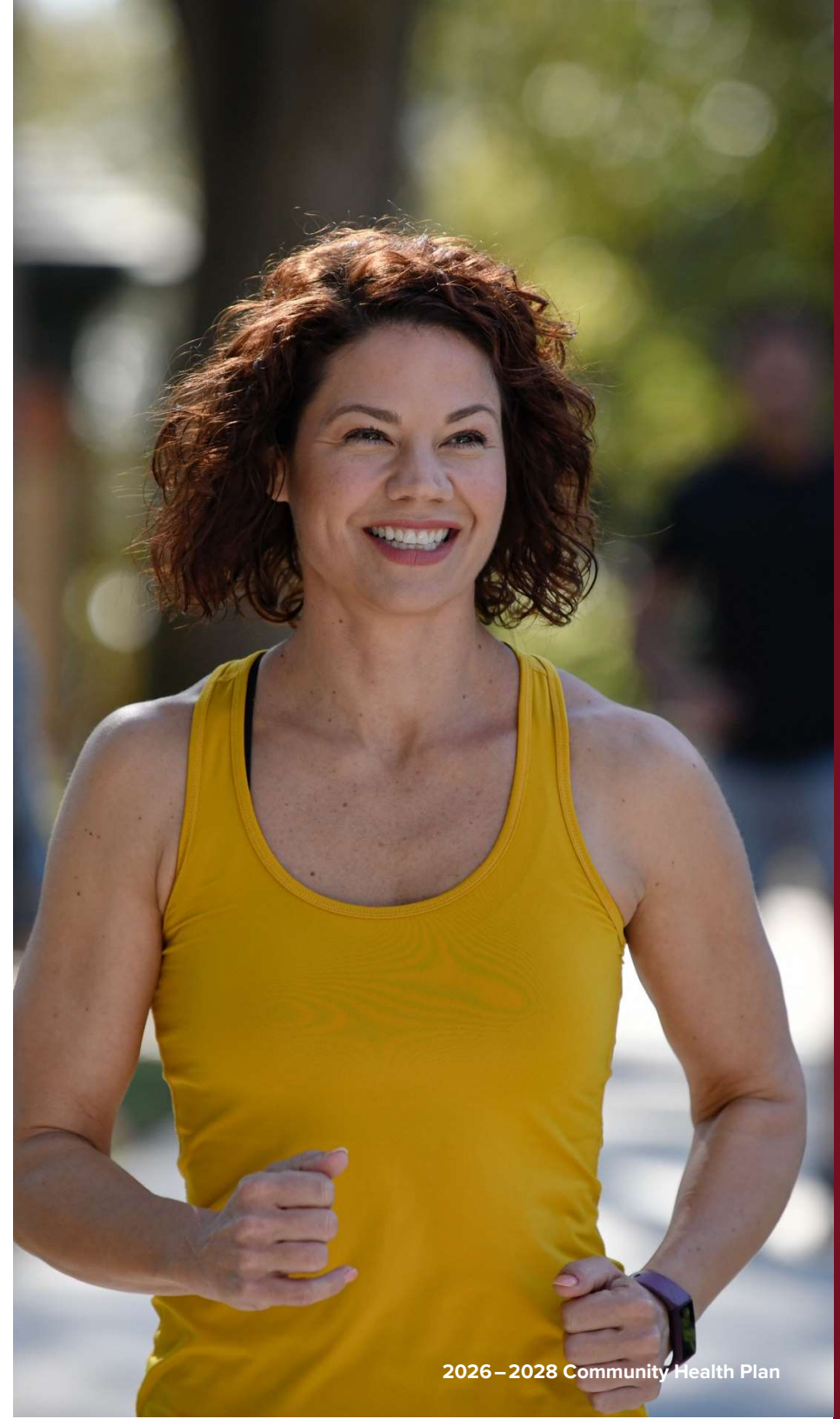
In the Hospitals' community, 30.1% of residents are housing cost burdened, or spending over 30% of their income on housing costs. According to community survey, 17% of respondents reported being worried they would not have stable housing in the next two months. The poverty rate in the Hospitals' PSA is 8%, with the majority being children under the age of eighteen. The Hospitals did not select these issues as a priority, as it is not positioned to directly address this in the community at large.

Education Access and Quality

In the Hospitals' community, 88.2% of students graduate high school, lower than both the state and national rates. The high school graduation rate among Hispanic students is 78%, which is the lowest among all groups in the PSA. While the CHNAC was in agreement that this is an important issue, they agreed that the Hospitals were better positioned to focus on other issues based on current available resources.

Neighborhood and Built Environment-Food Security

In the PSA, 54.5% of the community has low food access. This is higher than both the state and national rate. Additionally, 10.1% of residents in the Hospital's community report receiving SNAP benefits. On the community survey, 29.5% report receiving SNAP (food stamps) benefits and 25.8% of respondents reported eating less due to money. The Hospitals did not select this issue as a priority as it is not resourced to directly address this in the community but will support other community partners in their efforts.





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CHP Approved by the Hospital Board on: September 24, 2025

For questions or comments please contact:
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