

UChicago Medicine AdventHealth Bolingbrook

2026 – 2028 Community Health Plan



**UChicago
Medicine**



AdventHealth

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Acknowledgements

This community health plan was prepared by Fabiola Zavala with contributions from members of UChicago Medicine AdventHealth Bolingbrook Community Health Needs Assessment Committee representing health leaders in the community and UChicago Medicine AdventHealth Bolingbrook leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan which will enable our teams to continue fulfilling our mission of Extending the Healing Ministry of Christ.

Executive Summary



Executive Summary

Adventist Bolingbrook Hospital dba UChicago Medicine AdventHealth Bolingbrook will be referred to in this document as UChicago Medicine AdventHealth Bolingbrook or the “Hospital”.

Community Health Needs Assessment Process

UChicago Medicine AdventHealth Bolingbrook in Bolingbrook, Illinois, conducted a community health needs assessment in 2025. The assessment identified the health-related needs of the community, including low-income, minority and other underserved populations. The priorities were defined in alignment with Healthy People 2030; the national initiative aimed at improving the health and well-being of people in the United States.

In order to ensure broad community input, UChicago Medicine AdventHealth Bolingbrook created a Community Health Needs Assessment Committee to help guide the Hospital through the assessment process. The CHNAC included representation from the Hospital, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations.

The CHNAC met throughout 2025. The members reviewed the primary and secondary data, helped define the priorities to be addressed and helped develop the Community Health Plan (CHP) to address those priorities. Learn more about Healthy People 2030 at health.gov/healthypeople.

Community Health Plan Process

The Community Health Plan (CHP), or implementation strategy, is the Hospital’s action plan to address the priorities identified from the CHNA. The plan was developed by the CHNAC, and input was received from stakeholders across sectors, including public health, faith-based, business and those individuals directly impacted.

The CHP outlines targeted interventions and measurable outcomes for each priority noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

The defined goals and activities were carefully crafted, considering evidence-based resources and sought to align with AdventHealth’s organizational and strategic plans. UChicago Medicine AdventHealth Bolingbrook is committed to addressing the needs of the community, especially the most vulnerable populations, to bring wholeness to our communities.



Executive Summary

Priorities Addressed

The priorities addressed include:

1. Mental Health
2. Obesity
3. Health Care Access and Quality

See page 10 for the defined strategies and next steps for each priority selected to be addressed.

Priorities Not Addressed

The priorities not addressed include:

1. Asthma
2. Cancer
3. Diabetes
4. Heart Disease and Stroke
5. Drug and Alcohol Use
6. Physical Activity
7. Economic Stability
8. Education Access and Quality
9. Neighborhood and Built Environment-Food Security

See page 17 for an explanation of why the Hospital is not addressing these issues.



The Community Health Plan is a three-year strategic plan and may be updated during implementation based on changing community needs and priorities. AdventHealth recognizes community health is not static and high-priority needs can arise, or existing needs can become less pressing. The Hospital may pivot and refocus efforts and resources to best serve the community.



Executive Summary

Board Approval

On September 24, 2025, the UChicago Medicine AdventHealth Bolingbrook Board approved the Community Health Plan goals, activities and next steps. A link to the 2026-2028 Community Health Plan was posted on the Hospital's website on November 15, 2025.

Ongoing Evaluation

UChicago Medicine AdventHealth Bolingbrook's fiscal year is July 1 – June 30. For 2026, the Community Health Plan will be deployed beginning January 1, 2026, and evaluated at the end of the fiscal year. Beginning July 1, 2026, the CHP will be evaluated annually for the 12-month period beginning July 1 and ending June 30. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for UChicago Medicine AdventHealth Bolingbrook adventhealth.com/community-health-needs-assessments.

About AdventHealth



About AdventHealth

AdventHealth UChicago Medicine AdventHealth Bolingbrook is part of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth strives to heal and restore the body, mind and spirit through our connected system of care. More than 100,000 talented and compassionate team members serve over 8 million patients annually. From physician practices, hospitals and outpatient clinics to skilled nursing facilities, home health agencies and hospice centers, AdventHealth provides individualized, whole-person care at more than 50 hospital campuses and hundreds of care sites throughout nine states. Committed to your care today and tomorrow, AdventHealth is investing in new technologies, research and the brightest minds to redefine wellness, advance medicine and create healthier communities.

In a 2020 study by Stanford University, physicians and researchers from AdventHealth were featured in the ranking of the world's top 2% of scientists. These critical thinkers are shaping the future of health care. Amwell, a national telehealth leader, named AdventHealth the winner of its Innovation Integration Award. This telemedicine accreditation recognizes organizations that have identified connection points within digital health care to improve clinical outcomes and user experiences. AdventHealth was recognized for its innovative digital front door strategy, which is making it possible for patients to seamlessly navigate their health care journey. From checking health documentation and paying bills to conducting a virtual urgent care visit with a provider, we're making health care easier — creating pathways to wholistic care no matter where your health journey starts.

AdventHealth is also an award-winning workplace aiming to promote personal, professional and spiritual growth with its team culture. Recognized by Becker's Hospital Review on its "150 Top Places to Work in Healthcare" several years in a row, this recognition is given annually to health care organizations that promote workplace diversity, employee engagement and professional growth. In 2024, the organization was named by Newsweek as one of the Greatest Workplaces for Diversity and a Most Trustworthy Company in America.



About UChicago Medicine AdventHealth Bolingbrook

AdventHealth is a connected system of care for every stage of life and health. A shared vision, common values, focus on whole-person health and commitment to making communities healthier unify the system's four hospitals located in Bolingbrook, Glendale Heights, Hinsdale and La Grange. The system also includes nearly 50 primary and specialty practice locations and two multispecialty ambulatory centers. In January 2023, The University of Chicago Medicine and AdventHealth launched a joint venture, bringing academic medicine to the western suburbs. The partnership builds on UChicago Medicine's national reputation for specialty and subspecialty care and AdventHealth's exceptional quality and rich legacy of whole person care.

UChicago Medicine AdventHealth Bolingbrook is a 134-bed acute care hospital that offers family-friendly care and access to top-rated doctors in the western and southwestern Chicago, that includes emergency medical services, heart and vascular care, cancer care, obstetrics and women's services, lab and imaging services, surgical services and much more. UChicago Medicine AdventHealth Bolingbrook has earned a number of nationally recognized awards and safety grades, including the Joint Commission certified Primary Stroke, ED Level II Trauma Designation, American Heart Association's GOLDPLUS Get With The Guidelines® for Stroke and Type II Diabetes Distinction, Blue Distinction Center for Bariatrics, Blue Distinction Center for Maternity and Sleep Disorders Center by AASM.



Priorities Addressed



Mental Health

In the Hospital's community, 19.1% of residents have a prevalence of depression. According to the community survey, more than 22% of respondents have been diagnosed with a depressive disorder, and more than 27% have been diagnosed with an anxiety disorder. Awareness and the need to address mental health disorders has been growing in the country. Including mental health as a priority, the Hospital can align to local, state and national efforts for resources and to create better outcomes opportunities over the next three years.

Goal

Improve mental health in the Great Lakes Region through education, awareness, access to services, and community collaboration.

Activity

Provide education about mental health, services and resources to patients, community members, and hospital staff.

Output

- Number of mental health services and resource workshops offered
- Number of attendees
- Number of brochures or flyers distributed
- Number of collaborating partners who implement education
- Number of searches on the Whole Health Hub for mental health services or resources
- Pre and post assessments
- Amount of funding
- Number of team member volunteer hours

Outcome

By June 30, 2028, at least 90% of participants who complete both pre-post assessments will demonstrate an increase in knowledge about mental health topics, services, and available resources.

Hospital Contributions

- Team members from various departments will support this activity: Behavioral Health, Medical Group, Mission, and Community health staff
- Board engagement with community organizations that support mental health
- Allocate \$1,500 annual budget to purchase class materials
- Allocate \$3,500 annually to support community mental health events.

Community Partnership

- Pillars Community Health, DuPage County Health Department, Will County Community Health Center, VNA Health Care, DuPage Health Coalition, NAMI Metro Suburban and NAMI DuPage.

Mental Health

Activity

Develop and share mental health content through UChicago Medicine (UCM) AdventHealth's social media platform to raise awareness, reduce stigma and connect the public with services and resources.

Output

- Number of mental health related posts published
- Number of impressions (views)
- Number of accounts reached
- Number of engagements (likes, shares, comments, clicks)

Outcome

By June 30, 2028, achieve a 3% engagement rate on mental health-related social media content, indicating strong audience connection and relevance.

Hospital Contributions

- UCM AdventHealth Behavioral Health, Marketing and Communications and Community Health staff time

Community Partnership

- Pillars Community Health, DuPage County Health Department, Will County Community Center, VNA Health Care, DuPage Health Coalition, NAMI Metro Suburban and NAMI DuPage.

Obesity

In the Hospital's community, 36.6% of adults are obese, which surpasses the state average of 34.4%. Obesity is linked to type 2 diabetes, heart disease, stroke and some cancer types. Certain health behaviors, including a lack of physical activity and unhealthy eating patterns are risk factors for obesity. Focus group participants discussed how money and stress lead to consumption of fast or processed food. They also indicated that it's expensive to eat healthy and take care of one's body. When addressing obesity as a priority, the Hospital can work collaboratively with organizations already addressing this issue to promote prevention activities, to reduce the incidence of obesity over the next three years.

Goal

Reduce rates of overweight and obesity by improving access to healthy foods, nutrition education and opportunities for physical activity.

Activity

Connect community members or patient and family members with community services to help them access healthy foods and physical activity programs

Output

- Number of patients connected to access healthy food
- Number of participants participating in nutrition education
- Number of patients referred to physical activity programs or resources in the community
- Number of community partners engaged to address obesity
- Number of health screenings offered
- Amount of funding
- Number of team member volunteer hours

Outcome

By June 30, 2028, 300 patients will be referred to nutrition or physical activity resources.

Hospital Contributions

- Team members from Weight Management Service Line, Medical Group, Mission, and Community Health departments will support the activities
- Board engagement with community organizations that support healthy lifestyles
- Allocate \$10,000 a year to support food pantries, nutrition and physical activity education
- Community Health staff time to convene a stakeholder workgroup

Community Partnership

- Faith Institutions, Food Pantries, United Way of Will County, Greater Joliet Area YMCA, Catholic Charities of Joliet, Will County Health Department, Will County Community Center, VNA Health Care, University of Illinois Extension Program, Mayor of Bolingbrook, Southwest Suburban Immigrant Project

Health Care Access and Quality

In the Hospital's community, 11.2% of residents do not have health insurance while 14.4% of residents are covered by Medicaid. According to the community survey, more than 24% of respondents said they needed to see a doctor in the past 12 months but weren't able to due to cost. Focus group participants also discussed how health insurance costs impact themselves and their community. They mentioned high cost of premiums and how great the need is for health care access. The Hospital will focus its efforts on initiatives which address health care access and have an equity-based lens and approach. The Hospital will also work with others who are addressing this priority.

Goal

Increase access to comprehensive, high-quality health care services for uninsured, underinsured, and underserved populations across the community.

Activity

Support and participate in coordinated efforts that improve access to health care services and community-based resources through:

- Community events
- Preventative screenings
- Health care navigation and referrals
- Promotion and use of the Whole Health Hub
- Funding to support partner-led services

Output

- Number of people connected to health coverage
- Number of searches with Whole Health Hub for Health care access
- Number of community engagement events
- Number of clinical community relationships
- Number of health screenings offered
- Funding provided through community benefit donations and grants
- Number of team member volunteer hours

Outcome

By June 30, 2028, connect 500 individuals to healthcare coverage.

Hospital Contributions

- Team members from various departments will support this activity: Community Health, Consumer Access, Mission, Case Management, Senior Leadership and Medical Group
- Board engagement with community organizations that support health care access and quality
- Allocate funding to continue to support community-based organizations that provide health care services and or coverage to uninsured or underinsured on a yearly basis.

Community Partnership

- Will County Community Health Center, Will County Health Department, VNA Health Care, DuPage Health Coalition, Pillars Community Health, Cook County Department of Public Health, Southwest Suburban Immigrant Project

Health Care Access and Quality

Activity

Increase the health literacy of the populations in the Great Lakes Region primary service area

Output

- Number of health literacy workshops that will provide guidance on how to access health care and medication resources, interact with their provider or gain access to their medical records
- Number of attendees
- Pre and post assessment
- Number of educational materials distributed
- Assessing and addressing non-medical challenges; limited health literacy is often a symptom of limited general literacy, which can affect a consumer's ability to navigate services for housing, transportation, food, and other resources related to social determinants of health.

Outcome

By June 30, 2028, workshop participants will have increased their knowledge of navigating, understanding, and utilizing health information and services.

Hospital Contributions

- Community Health, Consumer Access, Mission, Case Management, Quality & Patient Safety, Patient Experience and Medical Group
- Allocate \$1,500 a year for monthly workshops

Community Partnership

- People's Resource Center, Cook County Department of Public Health, Literacy Works

Health Care Access and Quality

Activity

Expand access to primary care services by increasing the number of practicing providers across the Great Lakes Region, with emphasis on underserved areas and continuity of care.

Output

- Number of primary care physicians hired
- Number of advanced practice providers (APP) hired
- Patient panel sizes

Outcome

By June 30, 2028, increase the number of primary care physicians and advanced practice providers in the Great Lakes Region.

Hospital Contributions

- AdventHealth Medical Group Provider Recruitment will work collaboratively with AH Family Medicine Residency leadership and faculty in Hinsdale and La Grange to recruit PGY3 residents.
- AdventHealth Business Development Physician Liaisons will assist with hospital tours for visiting physicians and APP candidates.

Community Partnership

- N/A

Priorities Not Addressed



Priorities Not Addressed

UChicago Medicine AdventHealth Bolingbrook also identified the following health needs during the CHNA process. In reviewing the CHNA data, available resources and ability to impact, the Hospital determined these needs will not be addressed.

Asthma

In the Hospital's community, 9.2% of residents have a prevalence of asthma. According to community survey, 10% of respondents reported having been diagnosed with asthma. The Hospital did not perceive the ability to have a measurable impact on the issue within the three years allotted for the Community Health Plan with the current resources available to the community and the Hospital at this time.

Cancer

In the Hospital's community, 6.9% of residents have cancer, surpassing the national average of 6.8%. According to the community survey, more than 7% of respondents have been diagnosed with cancer, and 25% of respondents are not up to date on preventative cancer screenings. The Hospital did not select this need as a priority, as it is not positioned to directly address this in the community at large.

Diabetes

In the Hospital's community, 11.1% of residents have been diagnosed with diabetes, which is higher than the state average of 10.4%. According to the community survey, more than 16% of respondents have been diagnosed with diabetes. The Hospital believes other organizations in the community are better positioned to address this need in the community; therefore, it was not selected to be addressed.

Heart Disease and Stroke

In the Hospital's community, 5.6% of residents have coronary heart disease, while 30.8% of residents report being diagnosed with hypertension. According to the community survey, more than 31% of respondents have been diagnosed with hypertension. While the CHNAC was in agreement that this is an important issue, they agreed that the Hospital was better positioned to focus on other issues based on current available resources.

Drug and Alcohol Use

In the Hospital's community, 19.7% of residents binge drinking, which surpasses the state average of 20.4%. According to the community survey, more than 14% of respondents report taking prescription medication for non-medical reasons. Drug and alcohol use has been a growing concern in the country. However, the Hospital believes other organizations are better positioned to address this need in the community and will support those efforts.

Physical Activity

According to secondary data, 22% of adult residents in the Hospital's PSA have not exercised in the past 30 days. This is higher than Will county (20.7%) and the State average (21.5%). The national average is higher with 23.7% of adults. According to the community survey, more than 14% of respondents reported zero exercise in the past 30 days. The Hospital did not perceive the ability to have a measurable impact on the issue within the three years allotted for the Community Health Plan with the current resources available to the community and the Hospital at this time.

Priorities Not Addressed

Economic Stability

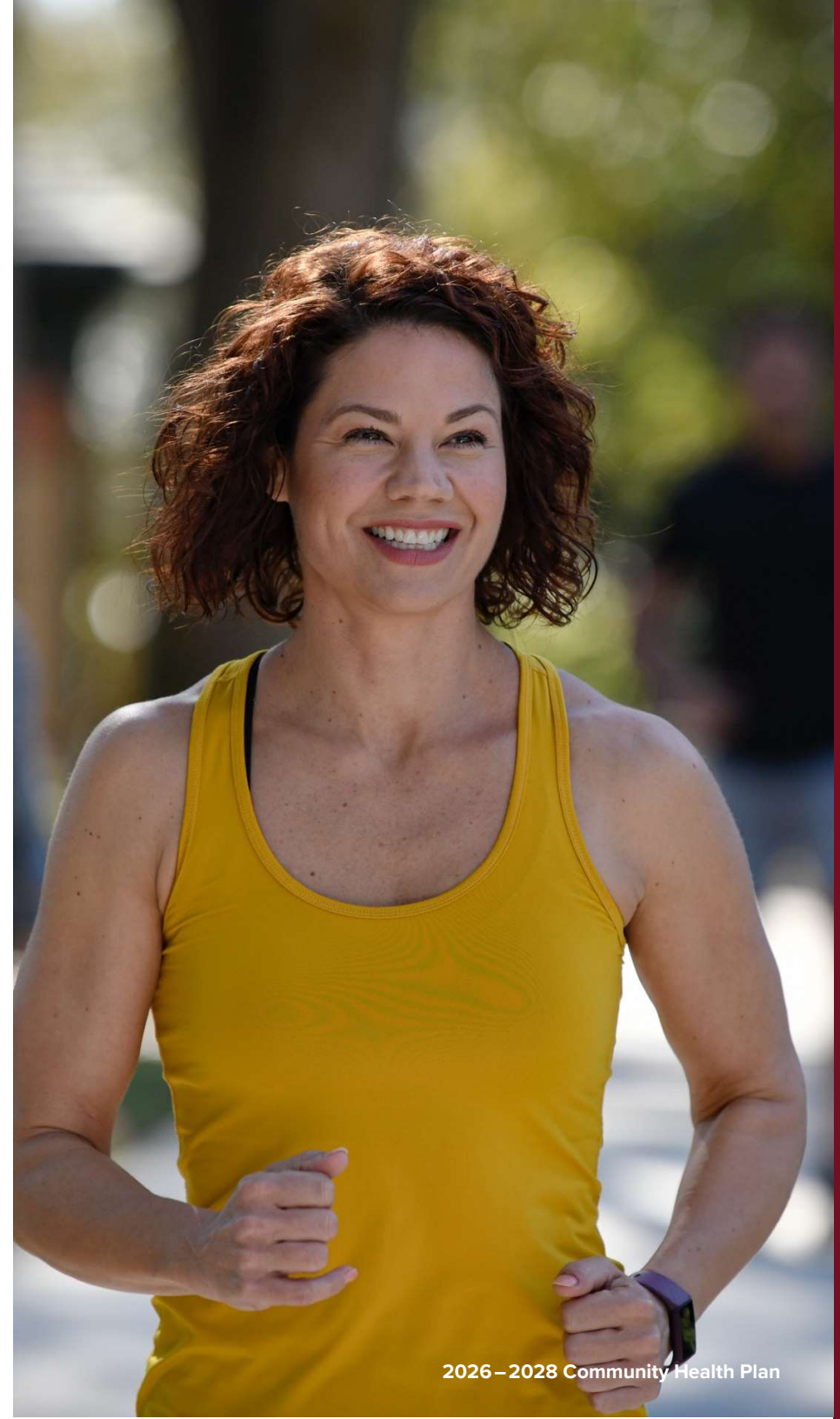
Stakeholders indicated living wage and poverty were top concerns affecting the health and wellness of community members. According to secondary data, 6.6% of residents in the Hospital's community live in poverty, which is below the state average of 11.8%. Secondary data also showed 28% of residents in the Hospital's PSA are housing cost burdened meaning they spend greater than 30% of their income on housing. A small percentage (8%) of community survey respondents said they were worried they may not have stable housing in the next two months. Economic stability is a growing concern throughout the country; however, the Hospital does not have the resources to effectively address this issue in the community.

Education Access and Quality

In the Hospital's community, 91.1% of residents have a high school degree, which surpasses the state average of 90.1%. When stratified by race and ethnicity, the data showed only 76.9% of Hispanic or Latino residents and 83.2% of Native American residents have a high school degree. The Hospital believes other organizations in the community are better positioned to address this need in the community; therefore, it was not selected to be addressed.

Neighborhood and Built Environment-Food Security

In the Hospital's community, 9.1% of households receive food stamps (SNAP), while 61.9% of households are in poverty not receiving food stamps (SNAP). According to the community survey, more than 11% of respondents said they ate less than they should in the past 12 months because there wasn't enough money for food, and 14.6% have received SNAP benefits in the past 12 months. While the CHNAC was in agreement that this is an important issue, they agreed that the Hospital was better positioned to focus on other issues based on current available resources.





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Advent Health

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CHP Approved by the Hospital Board on: September 24, 2025

For questions or comments please contact:
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