# Maternity Care Services

Resources Guidebook



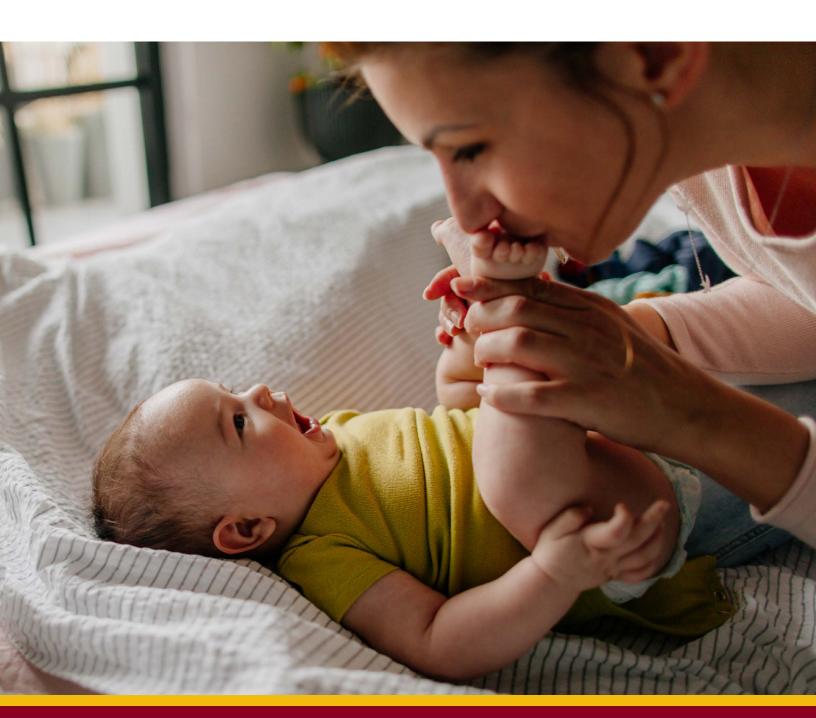




## Delivering Warmth and Compassion

At UChicago Medicine AdventHealth, we provide a personal and tailored approach to pregnancy, labor and delivery. It's a privilege for us to be part of your birth experience, and we are dedicated to creating a safe, nurturing environment for your family.

We know this experience often brings many questions and concerns. We hope this guidebook provides helpful information that empowers you and puts your mind at ease. Know that we are with you every step of the way.



### A Trusted Care Team That Specializes in You

UChicago Medicine AdventHealth Bolingbrook and Hinsdale Birth Centers are home to world-class physicians, specialists and care teams that focus on the health and well-being of both mother and child throughout the pregnancy journey. Our comprehensive range of services includes high-risk pregnancy management, breastfeeding support, parent education and much more. Whether you're hoping for minimal intervention or seeking a hands-on approach, we deliver state-of-the-art health care in a safe and soothing environment.

## Perinatal Care, Neonatal Intensive Care Unit (NICU) and Intermediate Care Nursery (ICN)

Find peace of mind knowing our compassionate team is expertly prepared. With level II and III care, your baby will receive the best care close to home. Our hospitals have the following NICU designations:

- ICN Level II UChicago Medicine AdventHealth Bolingbrook
- NICU Level III UChicago Medicine AdventHealth Hinsdale

We are part of the UChicago Medicine Perinatal Network. Take comfort in knowing that whatever services you need, we will coordinate seamlessly with the best obstetricians and specialists for you and your baby..

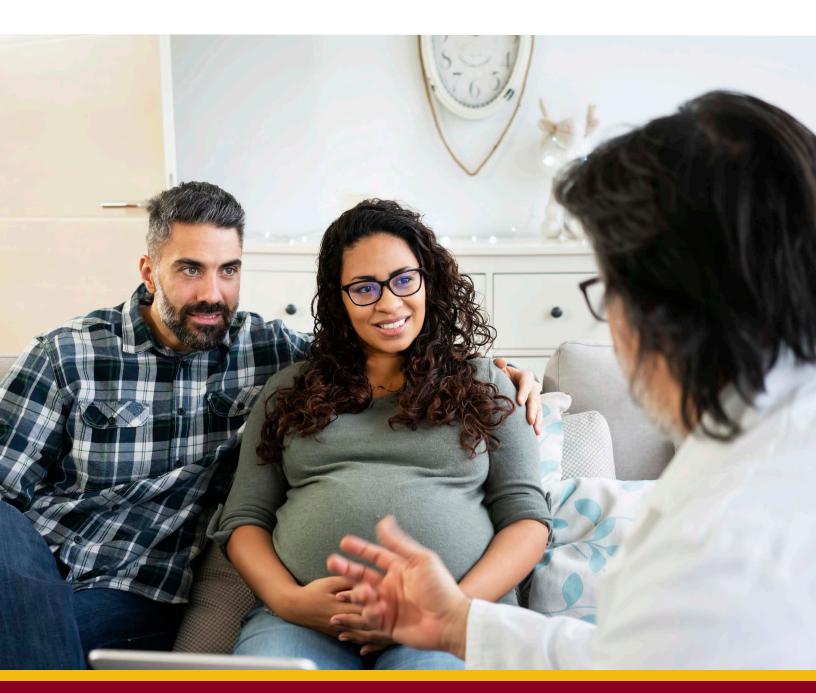
#### Special Care for Your Needs

If you and your baby should need an extra level of care, we provide expert consults with maternal-fetal specialists dedicated to high-risk pregnancies. We also have in-house OB/GYNs available 24/7 who assist mothers in emergency situations until their physician arrives.



## Design your personalized birth experience.

We believe your voice should be heard when it comes to your birthing experience. That's why we offer a specially trained team committed to making you feel comfortable and cared for, according to your own specifications. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your individual personality.



#### The Support and Resources You Need

#### The Nurturing Nook

The Nurturing Nook at UChicago Medicine AdventHealth Bolingbrook and Hinsdale has a mission to compassionately promote and protect the initiation and duration of breastfeeding through support and education of our parents, fellow professionals, and community, and are special resources for expectant and new parents. Visit ChicagolandOBExperts.com or call:

Bolingbrook: 630-312-4234 Hinsdale: 630-856-MILK

#### Parent and Family Education

Our specially trained team members offer the most up-to-date information and support when it comes to parenting, helping you build the necessary skills to become the best parent possible. Classes include Baby Care Basics, Prepared Childbirth Classes, Postpartum and more. For more information, call 800-684-0408 or visit ChicagolandOBExperts.com.







## We're with you on the journey.

UChicago Medicine AdventHealth provides the expertise you need and the support you deserve. Reach out today and learn how we can help. We'll be happy to answer your questions, make an appointment for you to tour the facility and start discussing your birth wishes.

#### Let's get started.

Learn more at ChicagolandOBExperts.com or call 800-684-0408.

This guide is provided to the general public to disseminate health-related information. The information is not intended to be used for diagnosing or prescribing. Please consult your physician before undertaking any form of medical treatment and/or adopting any exercise program or dietary guidelines.

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